

The Option Method Institute

Education based on the teachings of Bruce Di Marsico

www.ChooseHappiness.net

Choice

From

Collected Writings

Bruce Di Marsico

Choice

People choose their beliefs, every belief.

People choose what they have hope in. People choose what they have no hope in.

People decide what they want, and they decide what they don't want.

People choose to believe that they can't do something, or can do something.

People choose to lie or tell the truth.

People choose to make believe and say they know what they do not know, OR they choose to admit that they do not know. People choose to make believe and say they don't know what they do know, OR they choose to admit that they do know.

People choose what they feel about anything.

People are free everywhere, and yet choose to believe that they are constrained in their opinions, beliefs, attitudes, decisions, and OPTIONS.

Why do people believe thus?

They choose to believe that they do not choose. In some way they must believe that they would be responsible for something bad if they had to realize that they freely choose. People fear being free because if they were free they would be "too" free and would do evil or something bad.

People make choices.

This is not wrong, nothing is. There just are consequences.

These consequences of choices are not good or bad.

Good and bad are also choices of judgment.

It is also not wrong to judge. There are just consequences for that.

The consequences of judging are not good or bad.

The consequences are happiness or unhappiness.

People choose what to do, and choose what not to do.

This is not wrong. People choose what to feel emotionally,
and choose what not to feel emotionally.

This is not wrong. People choose what to forget, and what to remember. People
choose their postures. People choose their mannerisms.

People choose their speech, language, inflections. People choose what they learn.

People choose their tastes, opinions, attitudes. People choose their superstitions
and religions. People choose what they believe is proof of anything. People choose
what they believe is relevant and pertinent.

People choose what they think about their lives, their dreams, their memories,
their thoughts, affections. People choose whatever they think about anything.