

# **The Option Method Institute**

Education based on the teachings of Bruce Di Marsico

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## **Desires and Wanting**

From

### **Collected Writings**

**January 10, 1980**

**Bruce Di Marsico**

## **Desires and Wanting**

*January 10, 1980*

I don't like some things. I dislike some things. I like other things more than that something. There are various ways of experiencing our desires or lack of them.

The desire for pleasure may be experienced as a desire to avoid or heal a pain. Our desire for wealth may be experienced as a "lack" of very strong feelings about a "little" money. We may take some things for granted (not necessarily ignore them) because, as good as they are, they are not as good as something we are comparing them to. This doesn't mean we are unnecessarily denigrating or berating the lesser thing. It simply is what it is (and has its value) and by comparison it is lesser. It's not so good comparatively, and vice versa.

In certain circumstances of my life there are things I will disdain that I might have otherwise valued if my circumstances were different. There is no reason (now) that I should feel or think better of the thing than I do.

When I was friendless I may have welcomed even rude friends, (not the rudeness, but the minimal "friendliness" of being open to relating). Now I may want more.