

The Option Method Institute

Education based on the teachings of Bruce Di Marsico

www.ChooseHappiness.net

Gladness

The Future

From

Collected Writings

Bruce Di Marsico

Gladness

Either be glad for what will be or be sorry for what was.

Which ever you do, is now what is.

When something is not what you now want,

be glad for what could be,

or

be sad for what could have been and isn't.

Be glad for where you're going

or

feel bad for where you've been.

Each choice will be now.

Sad or glad.

The future

August 2, 1975

No more predicting that my future will not be what I want.

I don't like that.

I never did.

No more believing or acting as if my future may not suit me. I don't know about any of that stuff.