

# **The Option Method Institute**

Education based on the teachings of Bruce Di Marsico

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## **The Purpose of the World**

From

**December 12, 1992 Lecture**

**Bruce Di Marsico**

## **The Purpose of the World is Your Happiness**

It's good to realize that you're egocentric. It's just a way of describing self. You can only know yourself from yourself. You can only be motivated from yourself. It's only yourself that you can ever experience as yourself. And you move from there. Everything you perceive you perceive from there. Everything you bring in, you bring in to there. And it doesn't matter if there was ever such a thing as selfish or not selfish. It's as good a word as any; it just comes from what your self is. And it really is all you know.

Let me put it this way . . . there are some obvious kinds of truths that you know that you may not have related to or called upon just yet. There is no past universe. There is no past world. Simply put, all that ever was (the past), is gone, or is part of now, as now (it's not the past). All that ever was, was part of creating now, so all that ever was, is gone. All that preceded now was part of creating now. Given that, I want to ask you, why does the world exist now? Why is there a now? For what purpose?

Since there is no "why" apart from what happens, or I make happen, the question is really a form of "what will I do with the world and the universe?" See, when I am asking you "why does the world exist?" it really means, "What will you do with this world? What will you do with the universe? What's the world supposed to be for?", or "What's the purpose of life?", or "What am I supposed to do?", or "Why should I want to live?" These are all related questions. What's the answer? Whatever YOU say.

But...that isn't the answer. Whatever you say is not the answer because I have MY answer. So you can say that whatever I say is not the answer, it's what YOU'RE saying. IF you say that--if you are still one of the people who say, "What's the world for?", then I'll tell you: for ME to be happy.

The whole world that ever existed, all the world that ever existed, the universe that ever was and has been, has conspired to bring to this moment, so that I can be here to be happy. Everything had to be what it was in order for me to be here now to be happy. That's what I say. And if you say that, then that's what you say. If you say the world is for some other purpose better than yours? What kind of schmuck are you? Why should you be the one to volunteer to back off and say "The world is for some other purpose than mine?" You don't have to do that.

You know what you want. You want to be happy. You want happiness.

And you want to exist to be happy. Or you know something, and you know then what I know, that it IS your happiness, doing what's going on. Your happiness is what's going on.

Too mystical? Fine. Let's deal with the facts. What's the world for as far as you are concerned? What is the purpose for your life, if it isn't for you to know that you want to be happy? You want to be fertilizer? Somewhere down the line that's what WE'LL say. The purpose of your life is to add a little more fertilizer. Because that's what we saw happening.

The point is, you're not going to leave it for us to say what your life is for. You can, you can join a religion and have them define what your life is for. You can act like you don't know what your life is for.

You want to be part of humanity as you know it. You want to be normal. And you spent your whole life trying to be that. That's exactly why you get unhappy and not unhappy and why you could get unhappy. You created yourself through this effort of constantly wanting to be something you call "good", or "normal".